

Mother's Ink

The Newsletter of the Novato Mothers Club

Event Recap 2019 Easter Egg Hunt Fun



The NMC Easter Egg Hunt was the place to be this Easter! With a variety of fun and exciting activities, children all over Novato were able to take part in a morning filled with adventure and a sense of community and the **ADMISSION WAS FREE!**

About 200 people joined us the morning of Saturday, April 20th. Families from all over arrived on the dot and the children arrived more than ready to hunt those eggs. Prior to the Easter Egg Hunt, kids were frolicking through the grass, dancing through giant bubbles, enjoying the temporary tattoo station, getting their faces painted and playing on the playground. Once the whistle blew at 10:00am it was only a matter of minutes before the



Hamilton field blanketed in colorful eggs was solid green again!

Once the eggs had been collected, families began posing around the Easter Bunny who had a photo area under the gazebo. The kids were trading toys and candies under the sunshine and in the distance there were a swarm of children having the time of their lives chasing bubbles in the light wind- faces covered in colorful designs and hands filled with candy!

We want to give a huge thank you to our committee members Amy Adkins, Andrea Swetland, Mary Provines, Tiara Johnson and our honorary inductee Venus Taillant for organizing the Easter Egg Hunt and ultimately making this event such a huge success!



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Director's Corner

Hello NMC Members!

We hope you're enjoying this summer season. As we cruise through what should be summer (go away rain and cold cloudy weather), it's always nice to take a moment and appreciate all we have to be grateful for. The NMC directors are grateful for all the moms that make up our wonderful Novato Mothers Club community. A special note of gratitude goes to those moms who volunteer their time and energy to the club. NMC board members and volunteers—we couldn't do it without you!!



My name is Jessica McArdle and I am one of your Co- Directors. I am the mother of two crazy coconuts, full time working mom, and if you've ever met me- major fan of CHER (Yes, BELIEVE). We moved to Novato from the Los Angeles area a few years ago and discovering the Mothers Club was a jackpot for me. Meeting new friends was a challenge and the mothers club made it so easy for me to fit right in. This is a wonderful community- and I am so thankful for the mothers I've met along my journey. I am so proud and thankful for the amazing network the mothers club provides.

Thank you to our fabulous Mothers Social committee of **Lisa Hanahan-Sosa**, **Azadeh Hunter** and **Tracey Osterman** for working so tirelessly to ensure our mothers had a heck of a time at the social! The event was held at Trek Winery for a fun filled evening running for the roses (or wine, whichever had you running to the event ☺). Thank you to those amazing sponsors who donated. All raffle prizes were a hit! This event would not be possible without the wonderful sponsors and volunteers. We announced our two new co-director's at the social: join me in congratulating Amanda McCormick and Anna Lorey Smith as your co-director's for the 2019-2021 term! Do you want to participate more in the Novato Mother's Club? There's still time to join the Board of Directors for 2019-2020! Email the co-directors to sign up if you're interested at nmc.codirectors@gmail.com.

Thank you to our lovely Mom's Night Out Crew of **Lauren Zieff** and **Siobhan Gibson**, for executing events each month and for always thinking of new and fun events for our mommas to enjoy! Keep an eye out for the upcoming events!

Thank you to **Karen Monterichard** for keeping the Mother's Club Facebook page current. Please send her a quick write up of your upcoming event so she can post it for you and get the word out to our members.

Have you completed your volunteer hours? If not, consider making a meal for a new mom and her family or a family going through a challenging time. Making a meal is just another way we provide support for one another, and it can be very rewarding. Remember, one meal = 2 hours and your volunteer requirement is done! Please email nmcmotherssupport@gmail.com if you would like to be on the list of members who are willing to make a meal.

I hope you all have a safe summer!

Your Co Director,

Jessica McArdle



novato mothers club
friendship, community, and learning

May 2019



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11-12**

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Mother's Love...

This month the Community Outreach team is excited to tell you about an amazing organization that supports local foster children: Marin Foster Care Association! We collected pajamas and other clothes for MFCA at our annual PJ Party! Thank you to all the families who so generously donated!



How does MFCA serve the community?

The Marin Foster Care Association (MFCA) is at the forefront of support and advocacy for foster children and their dedicated caregivers. Our four main programs are designed to support the mission of safe, consistent, quality care for every child in foster care in Marin County.

The Opportunity Project provides grants for foster children to access tutoring and enrichment activities in our resource-rich community – these activities are often the first steps toward a sense of normalcy. In 2018 we distributed \$18,987 in Opportunity Fund grants, allowing 38 foster children to participate in a range of activities – piano lessons, horseback riding, English and math tutoring, driver's training, gymnastics, hip-hop dance classes, martial arts, tennis and cheerleading teams, and many more.

MFCA's Community Resource Center (CRC) is filled with every item that a child needs to find comfort in a new home, all generously donated by corporate donors and the Marin community.

Foster parents need to obtain 8 hours of training annually to maintain their license. MFCA schedules trainings throughout the year that equip foster parents to provide for the emotional, physical, and educational needs of the youth in their care, as well as educating them on the laws governing the child dependency system.

Community events bond Marin's foster parents and offer opportunities to just have fun and enjoy each other while celebrating their valuable work and the resiliency of the children they have welcomed into their homes.

Do we have any upcoming events?

Our second annual Blues and Brews Marin event is Saturday, October 12 at Pacheco Ranch Winery. We'll spend the evening educating the broader community about the unique needs of foster children, spotlighting their remarkable caregivers and familiarizing supporters with their strong network of community partners. Gourmet food, fine wine, craft brews and an incredible selection of silent auction items will more than round out the evening.

How can NMC members get involved?

Attending our events is one of the best ways to support Marin's foster children. Additionally NMC's already established pajama drive and holiday gift drive are a tremendous contribution.

Who can NMC members contact for more information?

Barbara Sabido

director@marinfoostercare.org

www.marinfoostercare.org

Playgroups by Birthdate

Birthday	Contact	Contact Email
01/19-04/19	Pesha Perlsweig	thisispesha@gmail.com
9/18-12/18	Denielle Durham	deniellw@gmail.com
05/18-08/18	Amy S. Boeschen	aims07@gmail.com
01/18-04/18	Shareen Barrett	shareen1003@hotmail.com
10/17-12/17	Carly Jones Daniels	crosejones@gmail.com
06/17-09/17	Clair Cooper	clairccooper@gmail.com
02/17-05/17	Heather Lund	heatherlund37@gmail.com
11/16-1/17 (<i>inactive</i>)	Ava Fruin Finger	avafruin@gmail.com
06/16-10/16	May Whitaker	may.whitaker@icloud.com
01/16-06/16	Rachel Dougherty	rachedougherty@gmail.com
08/15-12/15	Maya Gingold	Maya@tiny-kisses.com
08/15-10/18	Emma	emma.wesolowski@gmail.com
04/15-08/15	Jessica Paradise	jparadise1128@gmail.com
01/15-04/15	Stephanie	shurder@hotmail.com
10/14-12/14	Victoria Olson	olsonv@gmail.com
06/14-09/14 (<i>inactive</i>)	Heather Lugassy	thor615cacti@yahoo.com
01/14-03/14	Heather	heatherlund37@gmail.com
09/13-12/13	Adrienne	ahangel@dons.usfca.edu
06/13-09/13	Janna	jmorbitz@comcast.net

***Want to meet other moms with new babies? Please contact
nmcplaygroups@hotmail.com for details!***



NMC Fundraising: Matt and Jeff's Gift Certificates

Matt and Jeff's Car Wash is an amazing fundraising partner and YOU can help! From now until June 12th you can buy car wash certificates while donating money to our club. Need a Father's Day gift or just want your dirty car to be spotless again? Buy through NMC and Matt and Jeff's will donate 1/2 the proceeds for each sale to the club! After the promotion ends we'll make the order and you'll get an NMC-specific gift card to use at Matt and Jeff's (it never expires AND you'll get a gas discount card thrown in as well).



Here are the options:

1. Buy 4 "Works" washes for \$140.00
2. Buy 1 "Works" wash for \$35.00

You can pay by registering and using your credit card (a PayPal account is not required) or by mailing a check to Novato Mothers Club, P.O. Box 1306, Novato CA 94948 with your name, the name of this promotion, and the option you're choosing.

NOTE: NMC orders the certificates based on member response. We'll bulk order at the end of the promotion. The certificates will be ready for Father's Day, but if you buy before then you'll get your certificate after June 12th when Matt & Jeff's issues them specifically for NMC.

We look forward to your participation and seeing you at Matt and Jeff's.
<http://mattandjeffscarwash.com/>



Novato Piano School

1530 Center Rd #12 Novato CA 94947 (415) 721-1929



- Kindermusik for babies & toddlers
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- Piano for Kids for ages 6 & up
- Piano for All for teens & adults
- Free events held every month!

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www.novatopianoschool.com



Mom's Night Out News!

Mom's Night Out at Rolling Hills was a blast! Rolling Hills offered yummy snacks and wine while we socialized with other moms and toured the club. During this event, we collected books for The Book Place on Grant Avenue, the bookstore run by the Friends of the Marin County Free Library.

Keep an eye on your email for invites to our upcoming Mom's Night Outs at Entangle+Sway and SEPHORA!



Hayley Dawson, MA

Psychological Assistant PSB94023980

magnoliapsychotherapy@gmail.com

(510) 815-3187



Melissa Guyot, MA, MSc

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May 2019



HOMES BY AZADEH

WALKING YOU TO YOUR DREAM HOME

Raised in Novato and a graduate from San Marin High, my husband and I chose to raise our three daughters (7, 5 & 2) in this amazing community. I know the area well and I am very active in the San Ramon PTA and the Novato Unified School District. Hard working and focused, I am happy to help you with all your real estate needs whether you are looking for your dream home or selling property in our community.



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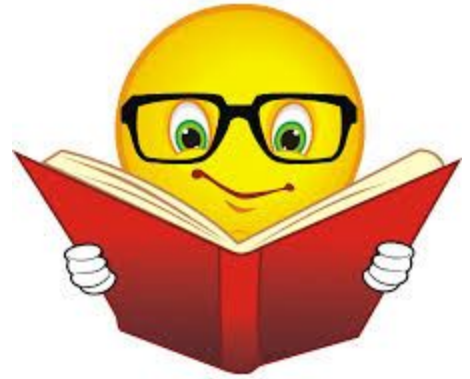


School's Out but Reading is

Always In

Reading over the summer is important for children of all ages. It is important to keep reading to avoid the “summer slide”, where children fall back in reading and math skills over the summer. Here are a few ideas and activities to avoid summer slide:

- For the little ones, learning the alphabet encourages them to learn the sounds the letter as opposed to the name of the letter. This will help those early readers learn to sound out words. Also, try to take 15-20 minutes at bedtime to read stories with your child. This is a great time for bonding and keeping children interested in books.
- Kids love a good challenge and we found three great programs that will help children of all ages stay engaged in reading. First, the Marin County Library has a great Summer Challenge for Kids and Teens. This year's theme is “Tails to Trails,” and features many programs with County, State, and National Parks. Also, Barnes and Noble offer a summer reading program as well. Read 8 books and keep a log in a journal of what you read, and receive a free adventure book. Finally, Scholastic has a Summer Read-a-Palooza. Students can log onto their site and log reading minutes to earn digital games and prizes. For more information on any of these programs check the following sites:
 - For Marin County Library visit: <https://marinlibrary.org/summer-challenge/>
 - For Barnes and Noble visit: <https://www.barnesandnoble.com/blog/kids/get-ready-for-bns-summer-reading-triathlon/>
 - For Scholastic visit: <https://www.scholastic.com/summer/home/>



Happy Reading!

Meet...

Village Child

Village Child is a mama-owned and operated boutique and event space in Old Town Novato. After 10 years in big business, and my second baby, I found myself yearning for more integration between my family and professional lives. Village was born shortly thereafter. Our mission is simple: create a beautiful community gathering space for families, offer exceptional programming, and provide the highest quality children's clothing at reasonable prices. We specialize in hand-curated clothing, shoes and accessories for babies and children up to 12 years old with a focus on natural and sustainable materials. Our beautifully appointed Rainbow Room and Lounge is also available for booking baby showers, sprinkles, and private events. Our Montessori-inspired play space can be booked in conjunction with the Rainbow Room for the perfect birthday party.



Class Schedule:

<https://www.villagechildrensboutique.com/apps/bookthatapp/calendar>

Event Space: <https://www.villagechildrensboutique.com/pages/gather>



Summer is almost here!

Summer can be a great time to try new activities with your family. Below are 10 great activities that will be sure to be a hit with your kids this summer.



1. [Paint the Car](#): Parents love a clean car and kids love having a car wash! Why not have some fun painting the family car. Yes that's right, painting the car! This activity requires some washable tempera paint and car wash supplies. Kids will have a blast and you will love watching them.
2. [Watermelon Seed Fine Motor Activities](#): Watermelon is food for the summer. Use the seeds to create some fun fine motor activities.
3. [Outdoor Scavenger Hunt](#): This outdoor scavenger hunt is a great way to keep kids busy while having fun. You can do this fun activity at home or at a local park.
4. [Giant Bubbles](#): Kids love bubbles! This is a great summer activity where kids and adults can learn to make giant bubbles.
5. [Water Blob](#): Make your own DIY water blob mat to create a fun summer sensory activity. Add an old Twister Game inside and make a great game for the older kids to play outside.
6. [Water Balloon Target Practice](#): This is a fun way for children to practice their aim and have water play at the same time!
7. [Jello Party](#): It may be a mess but, it sure looks fun. If you have a plastic pool around and some pack of Jello, why not have a Jello party with your toddlers?
8. [Shaving Cream Sensory Play](#): Have some old cans of shaving cream lying around? Create a great sensory activity by coloring the shaving cream. Kids will have a blast and they will smell great too!
9. [Mud Bricks](#): You just need an ice cube tray and some dirt for this one. Kids will enjoy creating with these mud bricks.
10. [Graffiti Art for Kids](#): Use some cheap spray bottles and tempera paint to keep kids busy. They can create their own "graffiti wall" outside this summer.



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Dr. Daniel

Dr. McConnell

Dr. Dehnert



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Event Recap: 2019 Mother's Social

On Friday, May 3, we all wore our best derby hats to Trek Winery to celebrate our annual Mother's Social. The theme of the night was Run for the Roses. It was a spectacular night with a break from the stresses of home life to gather with friends, old and new to dance the night away. The night began with everyone scoping out over 80 raffle prizes. This year all moms received a raffle ticket to spin the prize wheel for a surprise. Congratulations to Kim Gallagher who won the sought after raffle item of a Sonoma Mission Inn massage package, donated by Novato Pediatric Dentistry. We danced the night away as Rob Sundberg played some great tunes. Mothers gathered to get their picture taken by Anchored Images who created a wonderful Kentucky Derby themed photo booth. Stephanie Tyson from A Piece of Cake & Confections catered the affair. We munched on some delicious southern food and sweet treats. Thank you all who came out to celebrate the night with us!





novato mothers club
friendship, community, and learning

May 2019

Special Thank you to our Mother's Social Donations and Sponsors!



Schedule: Please call (415) 895-1705 to schedule your private appointment

Duration: 45 min

Equipment: Balanced Body Reformer and Tower

Location: All sessions are held at 1427 Grant Ave, Novato, CA



About the instructor:

Our Pilates program is led by Jackie McNeill, DPT. She has been a certified Pilates Instructor for the past 3 years and integrates Pilates in her treatment approach.

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Tasha's testimonial:

I started going to the Marin Weight Loss & Wellness Center after gaining way too much weight after my pregnancy. I knew I needed motivation and to change my eating habits but couldn't do it myself. After 4 months, I am now finally to a healthy weight and have lost about 20 pounds! I feel better than ever, have more energy and I'm healthy for my family.

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We look forward to seeing you all at the 2020 Mother's Social!